**Patient Name:** PEREZ, YANIRYS

**Date of Birth:** 02/19/1975

**Date of Service:** 02/23/2022

**History of Present Illness:**  
The patient is seen here for Orthopedic follow up evaluation for the injuries sustained in a motor vehicle accident, which occurred on \_\_\_\_\_03/12/2021. Patient is doing physical therapy.

Patient complains of right shoulder pain that is 10/10 pain. Patient states that pain has not improved since the surgery.

**Past Medical History:**  
Sleep apnea.

**Past Surgical History:**  
C-section, abdominoplasty, uterus removal, breast implant.

**Past Accident/Injuries:**

**Daily Medications:**  
Carisoprodol, Tylenol, Celecoxib, tramadol, aspirin, Diltiazem.

**Allergies:**  
No known drug allergies

**Social History:**  
Patient is not working.

**Physical Examination:**  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Right Shoulder:**  
Examination of the shoulder revealed no tenderness to palpation. There was no effusion. No crepitus was present. No atrophy was present. Hawkins, drop arm, and apprehension tests were negative. Range of motion Abduction 70 degrees (180 degrees normal), Forward flexion 110 degrees (180 degrees normal), Internal rotation 30 degrees (80 degrees normal), External rotation 20 degrees (90 degrees normal).

**Diagnostic Imaging:**  
7/1/2021 - MRI of the right shoulder reveals focal full thickness tear of the distal anterior supraspinatus tendon with no significant tendon retraction and severe underlying tendinosis. Moderate-sized subacromial bursa. Small glenohumeral joint effusion with leak of fluid into the subacromial/subdeltoid bursa through the full thickness rotator cuff tear. Moderate-sized subacromial spur.

**Assessment and Plan:**  
Recommend to continue with PT. Meloxicam 15 mg daily.

The patient’s Right Shoulder was examined   
MRI of the Right Shoulder was reviewed.   
Patient is to return to the office PRN.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**